HOME SCIENCE
(DEGREE STANDARD)
(FOR THE POST OF CHILD DEVELOPMENT PROJECT OFFICER)

SUBJECT CODE: 342

UNIT – I: FOOD

Food pyramid, functions, classification, conservation of nutrients, cooking methods, meal planning for different age & income groups. Weaning foods – meaning, importance and preparation. Food spoilage - causes and prevention. Methods of food preservation. Food safety - evaluation of food safety, quality analysis and applications of HACCP in food safety. Regulatory agencies in food safety - BIS, AGMARK, FSSAI. Food adulteration and food laws.

UNIT - II: NUTRITION


UNIT – III: COMMUNITY NUTRITION

UNIT - IV: NORMAL NUTRITION


UNIT - V: THERAPEUTIC NUTRITION


UNIT - VI: RESOURCE MANAGEMENT


UNIT - VII: HUMAN DEVELOPMENT AND FAMILY RELATIONSHIPS


UNIT - VIII: EXTENSION


UNIT – IX: COMMUNITY DEVELOPMENT


UNIT – X: RESEARCH

Meaning, objectives, types and methods of research, research ethics. Research design- meaning and types. Sampling - meaning and types. Tools of data collection, processing of data - editing, coding , classification tabulation and presentation. Project proposal preparation, report writing.

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Dated: 22.12.2017