

SOCIAL WELFARE DEPARTMENT (5 TESTS)

Name of the Test & New Test Code

T.C: 173 : Social Welfare Departmental Examination Paper –I- Child Development

T.C:174: Social Welfare Departmental Examination Paper –II- Nutrition

T.C:175: Social Welfare Departmental Examination Paper –III - Social Legislations (Part - I)

T.C:176: Social Welfare Departmental Examination Paper –IV - Social Legislations (Part - II)

T.C:177: Social Welfare Departmental Examination Paper –V - Advanced Law

SYLLABUS

TEST CODE: 173

T.C:173: Social Welfare Departmental Examination Paper –I - Child Development

I. Child Development – Definition, Concept, need and Process

- Definition of Child Development
- Concept and definition of growth and development
- Importance of early childhood and needs of children related to health, nutrition, care, etc.,
- Stages of Child Development
- Developmental Milestones-pre-natal, at birth, infancy, 1-2years, 2-3years, 3-6years
- Enhancing early childhood learning and personality development and associated functional Role of family in Child Development.
- Parenting skills
- Traditional Child care practices.

II. Early Childhood Care and Education

- Concept, need and Importance of Early Childhood Care and Education (ECCE)
- Service under Early Childhood Development (ECD) and ECCE
- Early Childhood Stimulation (birth to 3 years) definition, concept, need and objectives
- Pre – school Education
- School readiness concept and its importance.

III. Growth monitoring and promotion

- Need and importance of growth monitoring of a child from conception
- Frequency of monitoring growth of children from birth to 3 years & 3 to 6 years
- Tools and techniques for growth monitoring
- Criteria and identification of “At Risk” Children and Special needs children

IV. Assessment of Childhood Illness & Common behavioral Problems

- Assessment of general danger signs in children
- Classification of childhood illness
- Symptoms and associated factors
- Identifying children with common behavioral problems and handling them

V. Integrated Management of Neo-natal and Childhood Illness (IMNCI)

- Concept, Strategy and need in ICDS

VI. Child Rights

TEST CODE:174

T.C:174: Social Welfare Departmental Examination Paper –II - Nutrition

I. Importance of Healthy Living and Good Nutrition

- Definition of food and nutrients
- Importance of good nutrition, functions of food for Growth and Development, Protection against diseases and providing energy
- Need and Importance of Balanced diet.

II. Malnutrition

- Malnutrition - Definition, Cycle of Malnutrition Effects and causes.
- Classification and assessment of malnutrition
- Under nutrition – wasting and stunting, Protein Energy Malnutrition – type of PEM - Kwashiorkor, Marasmus causes and symptoms
- Prevention and Management of PEM during pregnancy, Neo-natal, Infancy, 6 months to 2 year and 2-6 years.

III. Micronutrient Deficiencies

- Early detection, causes, signs & symptoms, Prevention and home management of Micronutrient, deficiency-Vitamin A deficiency, Iron deficiency, Anaemia and Iodine

deficiency, disorders.

IV. Nutrition and Health care of pregnant and Nursing mothers

- Nutritional care of pregnant and nursing mothers
- Need for additional food requirements during pregnancy and lactation
- Effects of inadequate diet and physical stress on birth weight of a new born baby
- Good practices, fads and beliefs associated with intake of supplementary food during pregnancy and lactation
- Importance of early initiation & exclusive breast feeding
- Health care during pregnancy
- Early registration at AWC/PHC
- Ante natal & Post natal care
- Health Check up, Intake of supplementary food & nutritional supplements, Immunization, personal hygiene, exercise and rest, pregnant women at Risk.
- Danger & Warning signs during pregnancy and at the time of delivery
- Nutrition and Health care of a nursing mother.

V. Nutrition and Health care of New borns, Infants and young children

- Care of new born child
- Nutrition and health care of infants feeding. Infant and Young Child Feeding Practices (IYCF) immunization , health check up & breast feeding
- Recommended Dietary Allowances and Complementary feeding
- Nutritious Recipes for Children under 6 years.
- Feeding children during illness
- Dietary practices, fads and fallacies associated with feeding of children.

VI. Nutrition and Health care of Adolescent Girls

- Definition of Adolescence
- Physical changes during adolescence
- Nutritional and health needs of girls and boys during adolescence

- Various Government Programmes for adolescence

VII. Vital Indicators & Statistics

- Population, Birth rate, sex ratio, LBW, MMR, IMR, Mortality Rate, Still Birth, Fertility Rate, Couple Protection Rate, Neonatal Mortality Rate etc.,

TEST CODE:175

T.C:175: Social Welfare Departmental Examination Paper –III- Social Legislations (Part - I)

- Dowry Prohibition Act, 1961
- D.V. Act (Domestic Violence Act),2005
- POCSO (Protection of Children from Sexual Offences Act), 2012
- The Maintenance and Welfare of parents and Senior Citizen Act, 2007.
- The Prohibition of Child Marriage Act, 2006
- Sexual Harassment of Women at work place (Prevention, Prohibition and Redressal), Act 2013.

TEST CODE: 176

T.C:176: Social Welfare Departmental Examination Paper –IV - Social Legislations (Part - II)

- Right to Information Act, 2005
- J.J.Act (Juvenile Justice (Care and Protection of Children) Act), 2015.
- Tamil Nadu Hostels and Homes for Women and Children Regulation Act, 2014
- Tamil Nadu Transparency in Tender Act, 1998 and Tamil Nadu Transparency and Tender Rules
- Food Safety & Standards Act, 2006

TEST CODE: 177

T.C:177 : Social Welfare Departmental Examination Paper –V - Advanced Law

A. IPC (Indian Penal Code)(Act.No.45 of 1860)

- Chapter III (of Punishments)
- Chapter VI (of Offences against the state)
- Chapter IX (of Offences by or relating to public servants)
- Chapter X (of contempt's of the lawful authority of public servants)
- Chapter XVI (of Offences affecting the human body)

- Chapter XIX (of the criminal breach of contracts of service)

B. CRPC (Code of Criminal Procedure) (Act No.2 of 1974)

- Chapter v (Arrest of persons)
- Chapter VI (Processes to compel appearance)
- Chapter IX (order for maintenance of wives, Children and parents)
- Chapter X (Maintenance of public order and tranquillity)
- Chapter XXXII (Execution, suspension, remission and commutation of sentences)
- Chapter XXXIV (Disposal of property)
- Chapter XXXV (Irregular proceedings)

C. INDIAN EVIDENCE ACT (Act.No.1 of 1872) RELEVANCY FACTS

- Chapter II (of the relevancy of facts)
- Chapter V (of documentary evidence, public documents, presumptions as to documents)
- Chapter VII (of the burden of proof)
- Chapter X (of the examination of witnesses)

TEST CODE :173

T.C:173: Social Welfare Departmental Examination Paper – I - Child Development

| Pattern / Type of Examination | Time Duration | Minimum Pass Marks | Maximum Marks |
|----------------------------------------------|----------------------|---------------------------|----------------------|
| Objective Type – 20% without Books | 30 Minutes | 09 | 100 |
| Descriptive Type – 80% With Books | 2 Hours | 36 | |
| Total | 2.30 Hours | 45 | |

TEST CODE : 174

T.C: 174 : Social Welfare Departmental Examination Paper – II - Nutrition

| Pattern / Type of Examination | Time Duration | Minimum Pass Marks | Maximum Marks |
|----------------------------------------------|----------------------|---------------------------|----------------------|
| Objective Type – 20% without Books | 30 Minutes | 09 | 100 |
| Descriptive Type – 80% With Books | 2 Hours | 36 | |
| Total | 2.30 Hours | 45 | |

TEST CODE :175

T.C:175: Social Welfare Departmental Examination Paper –III - Social Legislations (Part - I)

| Pattern / Type of Examination | Time Duration | Minimum Pass Marks | Maximum Marks |
|----------------------------------------------|----------------------|---------------------------|----------------------|
| Objective Type – 20% without Books | 30 Minutes | 09 | 100 |
| Descriptive Type – 80% With Books | 2 Hours | 36 | |
| Total | 2.30 Hours | 45 | |

TEST CODE :176

T.C:176: Social Welfare Departmental Examination Paper –IV - Social Legislations (Part - II)

| Pattern / Type of Examination | Time Duration | Minimum Pass Marks | Maximum Marks |
|----------------------------------------------|----------------------|---------------------------|----------------------|
| Objective Type – 20% without Books | 30 Minutes | 09 | 100 |
| Descriptive Type – 80% With Books | 2 Hours | 36 | |
| Total | 2.30 Hours | 45 | |

TEST CODE : 177

T.C:177 : Social Welfare Departmental Examination Paper –V - Advanced Law

| Pattern / Type of Examination | Time Duration | Minimum Pass Marks | Maximum Marks |
|----------------------------------------------|----------------------|---------------------------|----------------------|
| Objective Type – 20% without Books | 30 Minutes | 09 | 100 |
| Descriptive Type – 80% With Books | 2 Hours | 36 | |
| Total | 2.30 Hours | 45 | |